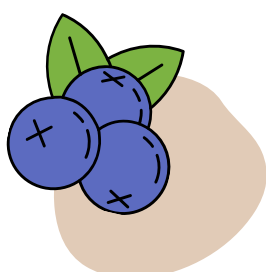
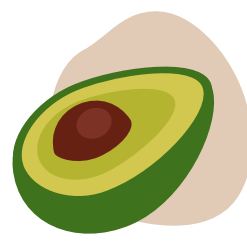
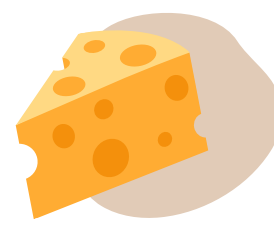
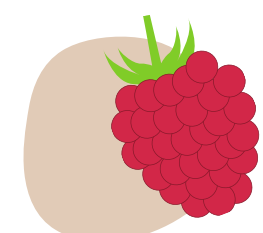
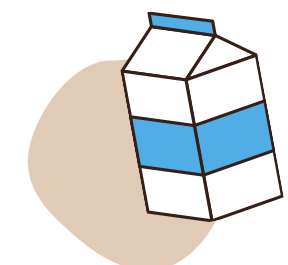
GROCERY LIST

DRY:

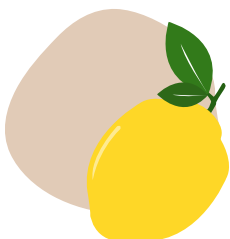
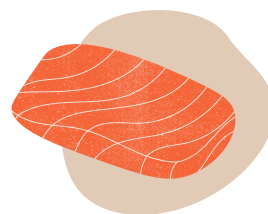
- ALMOND FLOUR
- COCONUT FLOUR
- OATMEAL
- NUT BUTTER
- COCONUT OIL
- OLIVE OIL
- HONEY
- BROWN RICE
- CHICKPEAS
- LENTILS

FRESH:

- AVOCADO
- BANANA
- BERRIES
- CAULIFLOWER
- PUMPKIN
- TOFU
- ZUCCHINI
- BROCCOLI
- CARROTS
- APPLE

ADD INS:

- CINNAMON
- COCOA POWDER
- MATCHA POWDER
- SEEDS
- NUTS
- TURMERIC
- LEMON JUICE
- APPLE CIDER
- VINEGAR
- PROTEIN POWDER

@ALLPURPOSEVEGGIES